

Katharine Plumbe
Consultant Respiratory Physiotherapist
Co-Director RespiCare Limited
kath@respicare.com

Personal Statement – I am an extremely hard working, conscientious individual who strives for excellence in everything which I undertake. This drive and commitment has seen me become the youngest Consultant Physiotherapist in the country when appointed in 2007. My specialist clinical knowledge base is in the field of respiratory medicine with a particular focus on community provision and as a practicing clinician I manage a complex caseload of patients. I also have the proven ability to convey my knowledge, experience and enthusiasm for this specialist area to others by teaching, lecturing and supporting other clinicians working in respiratory care.

Qualifications: 9 GCSE's A-C
A Level: French C, Biology B, Sociology B

Professional Qualifications:

MSc Degree Physiotherapy 2005

Chartered Physiotherapist - **BSc (Hons) Degree** 2:1 in Physiotherapy 1997

Member of the Chartered Society of Physiotherapy

Health Professions Council Registered

Qualified Supplementary Prescriber – University of Derby 2007

ARTP Full Certificate in Spirometry 2012

Level 2 Smoking Cessation 2011

Career Profile

Consultant Respiratory Physiotherapist/Co-Director
RespiCare Limited
April 2011 to present

Clinical Consultant
Dolby Vivisol
October 2015 to date

Clinical Expert (Oxygen)
NHS PCT Alliance
July 2011-2013

Consultant Respiratory Physiotherapist
Community Respiratory Team, Medway Primary Care Trust
2006 to 2011

Manager Community Respiratory Team/Clinical Specialist Physiotherapist
Community Respiratory Team, Medway Primary Care Trust
2003-2006

Acting Manager
Community Respiratory Team
Community Respiratory Team, Medway Primary Care Trust
2003

Senior I Physiotherapist
Community Respiratory Team
Community Respiratory Team, Medway Primary Care Trust
2001-2003

Senior II Physiotherapist
Greenwich District Hospital 2000-2001

Senior II Physiotherapist
Medway Maritime Hospital
1999-2000

1997 -1999 Junior Physiotherapist
Medway Maritime Hospital

Current Key Skills and Responsibilities

Provision of specialist respiratory clinics for GP surgeries - including asthma and COPD QoF reviews and spirometry

Assessing, diagnosing and treating complex respiratory patients - using extended scope skills including spirometry (ARTP Full Certificate in Spirometry)

Contract management and clinical governance of Pulmonary Rehabilitation contract commissioned by Bexley CCG - including KPI monitoring, caseload management, clinical quality and financial management

Expert clinical education

- development and provision of accredited respiratory training courses commissioned by CCG's, GP's, pharmaceutical industry
- development and provision of respiratory training modules and eLearning resource for Dolby Vivisol
- mentoring and support for healthcare professionals

Consultancy for Dolby vivisol – a leading UK oxygen supply company

Provision of an 'Early Identification of COPD' project for North West Surrey

CCG - which involved screening 1400 patients and a 29% detection rate

Marketing and Service Improvement Lead RespiCare Ltd

Previous Key Skills & Achievements

- **National examples of best practice** – Department of Health ‘Practitioners with Special interests’ Nov, 2003, ‘Frontline’ (National Physiotherapy magazine) ‘Metamorphosis – community respiratory team transforms patient experience’, July, 2007, ‘Frontline’ – ‘Consultant appointment’, 2007, NPC – ‘supplementary prescribing in respiratory care’ 2010
- **Presentation Skills (National Conferences) – The Chartered Society of Physiotherapy Annual National Congress** - ‘Evaluating service delivery in primary care trusts’
- **Royal College of Nurses National Congress** 2003 RCN.
- **Awards** – The team which I led received a Silver Vision 2004 Award from ‘Doctor’ magazine for excellence in primary care.
- **Research experience:** Undergraduate dissertation
Physiotherapy management for COPD
Managing falls in the elderly
Masters Dissertation – Effectiveness of Pulmonary Rehabilitation
- **University Teaching-** **University of Kent** –MSc/PDip in supportive and palliative Care symptom control 2005
University of Greenwich – Honorary lecturer for post graduate nursing course for 4 years
University of Brighton – Visiting Lecturer MSc in Respiratory care & BSc Physiotherapy